

# Gateway to the Gower

10.3 kilometer circular trail showcasing the best of the Gower Coastline

The walk is approximately 2.5 hours

TOUGHNESS: Moderately Challenging

START AND FINISH: The Oyster House - SA3 4DN

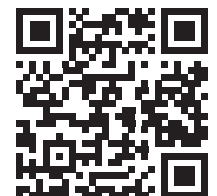
THE  
**OYSTER**  
HOUSE



## Key View Points

- |                    |                  |                        |
|--------------------|------------------|------------------------|
| 1 Bracelet Bay     | 4 Langland Beach | 7 Bishop's Wood Forest |
| 2 Limeslade Bay    | 5 Snaple Point   | 8 Round House          |
| 3 Rothsdlade Beach | 6 Caswell Bay    | 9 Oystermouth Castle   |

If you're heading out early and wish to book a table, you can do so at reception or head to our website to secure your spot.



# Gateway to the Gower

10.3 kilometer circular trail showcasing the best of the Gower Coastline



Welcome to the Gateway to the Gower, a popular place for all walkers, and do we have a truly scenic treat for you.

This 10.3-kilometre circular trail showcases some of the very best of the Gower coastline. Most folks find it moderately challenging - and it generally takes around 2 and a half hours to complete, give or take a few pauses for admiring the view (and you'll definitely want to pause).

This route is a coastal gem, starting right on our doorstep, out past Bracelet Bay, and along the coast past Limeslade Beach, Langland Bay, and Snaple Point, before you reach the lovely Caswell Bay.

On the return, you'll wind back through the peaceful greenery of Bishop's Wood. It's the kind of walk that feeds the soul - sea breeze in your lungs, stunning views at every turn, and maybe even a cheeky ice cream along the way.

While it's a popular route, there are still quieter moments, especially in the early mornings or later in the day. The trail is at its finest in late spring - May and June are especially magical.

Do take a bit of care on the rougher patches, particularly if it's wet or the wind's picking up, and keep an eye out for traffic when the path meets the road.

Trusty footwear is definitely your friend here.

And when you've had your fill of fresh sea air, come back and see us, we'll have something delicious waiting to round off your adventure.

## Key View Points

- 1 Bracelet Bay**  
Bracelet Bay offers stunning coastal views, with dramatic limestone cliffs, clear blue waters, and a scenic lighthouse—perfect for sunsets, photography, and peaceful seaside walks.
- 2 Limeslade Bay**  
Limeslade Bay charms with sheltered rocky coves, vivid limestone cliffs, abundant rock pools, Roman-era mine remnants, and scenic cliff-top views toward Langland Swansea.
- 3 Rotherslade Beach**  
Tiny Rotherslade Beach dazzles with golden sands tucked in dramatic cliff-backed cove,, tranquil rock-pool exploration, high-tide cosy amphitheatre feels.
- 4 Langland Beach**  
Golden sands and retro beach huts line Langland Bay, framed by limestone cliffs, surfers, rock pools, coastal footpaths and panoramic sunsets over Swansea Bay.
- 5 Snaple Point**  
Snaple Point rewards walkers with sweeping views east along Langland Bay - grassy headland seating, glimpses of Mumbles Head, Bristol Channel, Lundy Island on clear days.
- 6 Caswell Bay**  
Golden-sanded Caswell Bay delivers sweeping cliff-top vistas over sapphire Bristol Channel, jagged limestone cliffs, surfers slicing waves, lush woodland backdrop—and unforgettable sunset panoramas.
- 7 Bishop's Wood**  
Ancient Bishop's Wood treats visitors to coastal woodland benches with sweeping Caswell Bay and Gower shoreline views, serene limestone groves and glimpsed sea vistas.
- 8 Round House**  
Medieval Round House in Bishop's Wood frames peaceful woodland seating with filtered views across Caswell Bay, Mumbles Head, Swansea Bay panorama and coastal trails.
- 9 Oystermouth Castle**  
Oystermouth Castle crowns a limestone ridge with panoramic Swansea Bay vistas, Mumbles village rooftops, distant Mumbles Head, and coastal promenade glimpses from medieval battlements.